**Needham Parents Care**

**Meeting Minutes- 05 15 17**

**Attendees:**

Claudia Pape (Parent) Claudia@claudia-pape.com

Tanya Cherkerzian (Parent) cherkerzian@verizon.net

Karen Shannon (Public Health Dept) [kshannon@needhamma.gov](mailto:kshannon@needhamma.gov)

**Team Members unable to attend meeting:**

Jodie Gruen (Parent) jodiegruen@gmail.com

Monica DeWinter (Public Health Dept) mdewinter@needhamma.gov

Catherine Delano (Public Health Dept) cdelano@needhamma.gov

Anne Finucane (Parent) atfinucane@comcast.net

Alyssa Kence (BIDN and Parent) akence@bidneedham.org

Karen Mullen (Needham Public Health Dept.) [kmullen@needhamma.gov](mailto:kmullen@needhamma.gov)

**Discussion**:

**Monthly Parent Messaging**:

We are targeting early/mid June to have our first parent messaging published in all Needham public school newsletters. **Content deadline: June 1**. Content will be geared appropriately for each of the three school systems: elementary, middle and high. The theme will be “SAFETY,” which can encompass physical and social-emotional safety.

**Broadmeadow Parent Book Groups:**

Tanya provided an update: There are 10 parents registered to participate in the pilot. Tanya distributed a copy of “Please Stop the Rollercoaster” to every parent. One group met over this past weekend and since there are only 3 parents, and to balance out parents of boys vs. girls, this group may merge with a group of 6. If so, there will be two parent groups.

**PTC Meetings and School Liaison Recruitment:**

Tanya and Claudia attended the **Mitchell School PTC** meeting last Friday morning, presented about NPC and explained need for school liaison volunteers. One Mitchell parent expressed interest. Claudia will follow up via email to Mitchell PTC President to obtain email for interested parent.

**The Hillside School PTC** meeting is **Tuesday, May 23 at 7:15pm**. We would love to have an NPC volunteer attend this meeting and make similar presentation about NPC and school liaisons.

**The Eliot School PTC** meeting is **Wednesday,** **June 7 at 7:30pm**- NPC member needed to attend and present at this meeting also.

**The Newman School PTC** meeting – TBD. Claudia following up to verify next meeting date.

**Action Steps:**

1. **NPC members needed for attending the Hillside, Eliot and possibly Newman school PTC meetings. Please let Karen Shannon know if you are available. NPC information is prepared and just needs someone to present at meeting.**
2. **Claudia will contact Melissa at the Newman School to see if she can either attend our next NPC meeting or let us know when the next Newman PTC meeting will be. Goal: to make presentation at meeting about NPC and ask for a school liaison volunteer.**
3. **Tanya and Claudia will work on gathering content for elementary school parent messaging around “SAFETY.”**
4. **Karen and one other NPC member to research messaging content around SAFETY for middle school/high school.**
5. **Karen will research feasibility of forwarding NPC emails to inviduals.**
6. **Karen will research publishing NPC article in local papers.**
7. **Alyssa offered to work on continue loading content for NPC Facebook page.**
8. **Claudia will research link to Tech Mom’s presentation for posting on FB page.**

**Next Meeting: TUESDAY, MAY 23 at 8:30-9:30am, via conference call:**

**CALL IN TEL: 319-527-2700**

**Access Code: 149319**

**---------------------------------------------------------------------------------------------------------------------**

**ARCHIVE INFORMATION**

The group decided to develop a library of messages, by topic/theme, and create enough to send messages monthly during the school year.

**The monthly themes are:**

**September: Transitions**

**October: Friendship**

**November: Conflict resolution with friends**

**December: Holiday/Expectations**

**January: Wellness/Mindfulness**

**February: Resilience**

**March: Social Media**

**April: Technology**

**May: Nutrition**

**June: Safety**