**Needham Parents Care**

**Meeting Minutes- 12 07 17 **

**Attendees:**

Caryn Bello (Parent) [dr.carynbello@gmail.com](mailto:dr.carynbello@gmail.com)

Karen Shannon (Public Health Dept.) kshannon@needhamma.gov

Tanya Cherkerzian (Parent) cherkerzian@verizon.net

Karen Mullen (Needham Public Health Dept.) [kmullen@needhamma.gov](mailto:kmullen@needhamma.gov)

Alyssa Kence (BIDN and Parent) akence@bidneedham.org

Claudia Pape (Parent) Claudia@claudia-pape.com

John Carr (Parent) [johncarr268@gmail.com](mailto:johncarr268@gmail.com)

Catherine Delano (Public Health Dept.) cdelano@needhamma.gov

**Team Members unable to attend:**

Abby Langmead (Parent) abby.langmead@apera.eu

Monica De Winter (Public Health Dept.) [mdewinter@needhamma.gov](mailto:mdewinter@needhamma.gov)

Jodie Gruen (Parent) jodiegruen@gmail.com

Melissa Doyle (Parent) [doyle.melissa@gmail.com](mailto:doyle.melissa@gmail.com)

**Next Meeting: THURSDAY, JANUARY 4 @ 9:00AM**

**LOCATION: BIDN, 1040 GREAT PLAIN AVE, NEEDHAM, 2nd floor**

**For anyone unable to attend in person, you may dial in:**

**CALL IN TEL: 319-527-2700**

**Access Code: 149319**

**Discussion**:

**HIPS Event:** Discussion was aimed at assessing NPC’s capacity to organize and deliver this event in March 2018. The group discussed formatting options for the evening presentation which will occur after the evening exhibit hours for HIPS. The event will take place at Pollard MS. Tanya will be speaking with her colleague today about presenting at this event. Once a speaker is determined, a date will be set and action steps will need to move along.

Please let Tanya and Karen S. know if you can take the lead on any of the action steps outlined in the spreadsheet shared today. Caryn has offered to recruit the HIPS volunteers and coordinate their training.

**Parent Book Groups and Dad Group(s):** Discussion continued around hosting author John Badalament and using the event as a kickoff for drawing in Dads for a discussion group. The group is very interested in having Mr. Badalament but concluded hosting two events between now and March exceeds our capacity. John, Tanya, Claudia and Karen S. will meet asap to discuss the framework for both the Roller Coaster groups (Round 2) and a new Dad group. Ideally, we will identify now who will lead both groups and coordinate logistics for the new groups.

Last month, Tanya had an announcement for the new Roller Coaster book groups published in the middle school newsletters. The due date for registrations was November 15 and currently there is one person interested. Once the details for the new book groups are established, we can publish an announcement in the HomeTown Weekly to solicit registrations.

**Continuing Business:**

**Monthly Parent Messaging**:

The December Parent Message, “Holiday Stress for Children and Families” was sent to NPS Administration last week and will be sent along to all schools. Please be on the lookout for it in your child’s school newsletter. Alyssa has been posting the monthly articles on the NPC Facebook page.

**Branding NPC:** Discussion ensued around branding NPC to improve visibility and recognition by the Needham community. The suggestion was made to create a ***tag line*** which could be added to our NPC logo.

Caryn Bello’s suggestion, **Needham Parents Care: Supporting Parents in Parenting,** will be our new look. Karen S. and Catherine will work on having the tag line added below the NPC logo.

**Thank you, Caryn!!**

**Action Steps:**

1. **Tanya, Claudia, John and Karen to meet to work out plans for the next round of Parent Book Groups.**
2. **John will let John Badalament know that we are not able to host a speaker event in January/February.**
3. **Karen S. to discuss possibility of Catherine Delano or other representative attending the monthly meetings with PTC presidents and the superintendent of schools**
4. **Explore parent messaging article running in the Hometown Weekly each month.**

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**ARCHIVE INFORMATION**

**Monthly Parent Messaging themes:**

**September: Transitions\*\***

**October: Friendship\*\***

**November: Conflict resolution with friends (Author: Elizabeth Barnes)**

**December: Holiday/Expectations and Stress (Author: Carol Litzler, LICSW)**

**January: Wellness/Mindfulness (Author: Blue Lotus)**

**February: Resilience (Author: Caryn Bello)**

**March: Social Media (Author: Abby Langmead)**

**April: Technology**

**May: Nutrition (Author: Caryn Bello)**

**June: Safety**